



A holistically-inspired The Kirana Spa at The Kirana Bali will be dedicated to personal wellness and treatments to nurture body, mind and spirit

OPEN HOURS : 09:00 - 21:00

BOOK NOW

+62-361-8469150 | +6287 855 824 730

The Kirana Spa body Massages

- **BALINESE MASSAGE - 60 MINUTES IDR 200,000 NETT**
- **BALINESE MASSAGE - 90 MINUTES IDR 265,000 NETT**

Balinese massage is a form of deep massage and is designed to work almost every muscle in the body. Our therapists will use variety of techniques, including acupressure movements, such as press points and palm pressures, and standard massage techniques like sliding, long and short explorations. This massage may be gentler and the moves are focused on relaxation.

- **LOMI LOMI MASSAGE - 60 MINUTES IDR 240,000 NETT**
- **LOMI LOMI MASSAGE - 90 MINUTES IDR 325,000 NETT**

Lomi-Lomi Massage is a body massage using special movements with this hands and elbows to release tensions. The strong pressure will stimulate the flow of blood to remove toxins in the body, allowing the body to heal itself naturally. This treatment is also very good for those of you who have hard muscles in the back due to fatigue and for those of you who like massage with strong pressure.

- **AROMATHERAPY MASSAGE - 75 MINUTES IDR 250,000 NETT**

Aromatherapy massage is a massage that is specifically designed to combine relaxing massage movements. The treatment starts from your back by applying aromatherapy oil. The fresh and warm fragrant of the massage oil will give you the sensation of balanced mind and body.

- **HOT STONE SENSATION MASSAGE - 90 MINUTES IDR 300,000 NETT**

- **BACK AND SHOULDER HOT STONE MASSAGE - 60 MINUTES IDR 225,000 NETT**

Hot stone sensation massage is body massage combined with stone massage. The treatment can help the body muscles and soft tissues, alleviate pain, improve circulation and help to get rid of body toxins. It can also help to reduce stress, promote calmness and increase relaxation.

- **FOUR HAND MASSAGE - 60 MINUTES IDR 300,000 NETT**

This treatment is focusing on your back, shoulder and a little bit of head massage, with thumb slides, palm pressures and knuckle techniques. Stress can sap joy from your life, cause seemingly inexplicable fatigue, and leave you less able to enjoy your relationships and leisure activities.

- **BACK AND SHOULDER MASSAGE**

45 MINUTES - IDR 145,000 NETT

30 MINUTES - IDR 110,000 NETT

This treatment is focusing on your back, shoulder and a little bit of head massage, with thumb slides, palm pressures and knuckle techniques. Stress can sap joy from your life, cause seemingly inexplicable fatigue, and leave you less able to enjoy your relationships and leisure activities.

- **RELAXING FOOT MASSAGE**

45 MINUTES - IDR 145,000 NETT

30 MINUTES - IDR 110,000 NETT

15 MINUTES - IDR 50,000 NETT

The therapist will suggest the combination of the massage oil and foot cream to achieve a calming foot massage. An ancient healing therapy that's beneficial. Reflexology is a technique of applying gentle pressures on the feet to bring about a state of deep relaxation while stimulating the body's own healing process.

- **RELAXING HEAD MASSAGE - 20 MINUTES IDR 100,000 NETT**

This stimulating treatment is used to release head tension and encourage blood circulation to clear the mind and leave you feeling revitalized.



The Kirana Spa Packages

• ROMANCING ESCAPE PACKAGE - 120 MINUTES IDR 700,000 NETT

Share your love with the best romantic couple's treatment. We are pleased to offer private and romantic treatment where you can relax in the room with your loved one. Begin with foot bath, and heavenly traditional massage with signature massage oil, followed by refreshing body scrub and romantic flower bath. A fresh choice of fruit juice will leave you feel relaxed and beautified. What can be better than this relaxing, refreshing, rejuvenating and beautifying treatment.

• SPA RELAXATION FOR COUPLE - 90 MINUTES IDR 600,000 NETT

A relaxation ritual for couple, which is starts with aromatherapy massage and continues with fresh and glow facial that will leave your skin fresh and glow. In the end of the treatment you will be served with organic tea.

• BEACH LOVER SPA PACKAGE - 100 MINUTES IDR 350,000 NETT

Spa beach lover package is a treatment that is suitable for those of you who have problem especially on the back, shoulders and neck. It begins with Balinese traditional massage using aromatherapy oil and is then focused on longer massage on the back, shoulder and neck. It continues with foot tapping technique reflexology with existing point on the soles of the feet and this is very good for blood circulation, then followed by refreshing body scrub that is very good for smooth the skin to look refresh and light. After that, you will enjoy relaxing head massage to calm the mind and then you can take a shower and served with organic tea.

• SERENITY IN PARADISE COUPLE PACKAGE - 120 MINUTES IDR 1,000,000 NETT

Be in the serenity... Explore the treatment started from Balinese traditional massage with signature oil, followed by relaxing foot massage with wonderful approach to de stress and finding the point in sole with a foot reflexology techniques. Continued with body scrub to exfoliates the dead skin cells leaving the body feeling refreshed, soft and glowing. Then continued with facial to make your face look fresh and glow which the followed with shower and flower bath with organic tea on the bathtub. In the end of your treatment, you can enjoy 3-course meals at The Koi Restaurant. You'll get special gift from us as well.

• FRESH AND GLOW FACIAL - 60 MINUTES IDR 200,000 NETT

Facial mask treatment can help revive and rejuvenate tired skin. With the cleansing and face massage, while applying the masker on your normal skin type, this treatment is the best for reducing stress and giving skin a more youthful glow.

• TRADITIONAL FACIAL - 60 MINUTES IDR 150,000 NETT

Traditional facial is a facial treatment that uses natural ingredients such as yogurt mixed with honey as a cleansing, cucumber mixed with lemon water as toner, candlenut mixed with oatmeal as a face scrub, virgin coconut oil as a face massage and banana mixed with honey as a face mask that will make your skin clean and fresh.

• PRETTY FINGER AND TOES - 90 MINUTES IDR 400,000 NETT

Make your finger and toes nails glow with health and beauty with our complete package of manicure and pedicure. The treatment includes both hand and foot bath as stimulation, cuticles treatment, relaxing massage that working on both hand and foot. Finally application of nail polish or nail buffer to a healthy glow.

• FRESH AND UPLIFTING "ME" PACKAGE - 120 MINUTES IDR 380,000 NETT

A totally "me time" experience for everyone with touch of the well trained therapist to unwind the feeling, started with a Balinese full body massage and choices on your scrub flavor and body mask to exfoliate the dead skin cells. A flower bath and organic tea are nicely ending the treatment for a fresh and uplifting body and feeling.

• BALINESE MASSAGE COMBINED WITH BODY SCRUB - 90 MINUTES IDR 325,000 NETT

Body scrub exfoliates the body of the dead skin cells, however it also detoxifies the body of all impurities, to leave the body feeling refreshed, soft and glowing. A perfect combination by having a Balinese massage to start and ended with organic tea.

• BODY SCRUB OR BODY MASK ONLY - 30 MINUTES IDR 150,000 NETT

This treatment will not only cleanse your skin, leaving you feeling smooth and glowing but it will awaken your senses with the smooth accents of your chosen flavor.

• ANTI- DEHYDRATE SKIN TREATMENT - 45 MINUTES IDR 145,000 NETT

The treatment is started with applying yogurt to your body and as part of the healing process, wrapping is done while continue with the head massage, finish with shower and organic tea.

• EAR CANDLE TREATMENT - 20 MINUTES IDR 120,000 NETT

Ear candling is the holistic way of treating ear aches and other common issues related to the ear. It is best defined as the use of an ear candle which is a beeswax or paraffin wax coated cloth that is shaped in to a conical cylinder about 10 "to" 15 in length with varying widths. Ear candling is a therapeutic relaxation technique similar to acupressure, acupuncture, and aromatherapy.

The Kirana Spa Beauty

• MANICURE OR PEDICURE (WITH POLISH) - 60 MINUTES IDR 200,000 NETT

• SPOT MANICURE OR PEDICURE (NO POLISH) - 45 MINUTES IDR 150,000 NETT

• MANICURE OR PEDICURE (WITH GELL POLISH) - 60 MINUTES IDR 270,000 NETT

• NAIL POLISH ONLY (HAND OR FEET) - 30 MINUTES IDR 100,000 NETT

• GEL POLISH ONLY IDR 150,000 NETT



THE KIRANA CANGGU

JL. PANTAI BATU BOLONG, CANGGU BALI 80361 - INDONESIA

t : +62 361 846 9150 | wa: +6287 855 824 730

e : reservation@thekiranabali.com

w : www.thekiranabali.com/canggu